

**GURUJI KRISHNANANDA (1939)**

### **LIGHT**

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

### **CHANNELLING**

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

### **TECHNIQUE**

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

### **LIGHT CHANNELS WORLD MOVEMENT**

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

### **UNIQUENESS OF THE MOVEMENT**

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

# **LIGHT CHANNELS**

**Volume 2, Issue 8**

**NEWSLETTER**

**June 2012**

## **A MESSAGE**

**Guruji Krishnananda**

Some see Light. Many cannot see. It is fine. The Light, being at the subtlest frequency, cannot ordinarily be seen. But one can experience it. Whenever we experience Love, Peace and Expansion, we will be experiencing the Light. These are the aspects of the great Light. I think, this is a very important point to be clearly understood by everyone involved in the channelling of the Light.

The Revolution by Light is happening. More are joining and those who are already channelling are doing a better job. Light brings Love & Peace and when it is channelled through the people, also transforms them. It heightens all the positive qualities dormant in the people.

The uniqueness of the Revolution is that it is silent, global without any affiliation to any particular group and very effective. There are no sermons and there is no commerce here. Such a Revolution has not happened earlier in this cycle.

## **HAPPENINGS**

**Jayant Deshpande**

Many schools where students have been channelling Light regularly are reporting overall improvement in the school results. Many students and teachers are reporting incidences of help from Light in small, big and even miraculous ways some times. People are opening up to the Light and are receiving His grace.

With opening of schools after the summer holidays, the Light Channelling activity gathers pace as our volunteers introduce Light Channelling to thousands of new children every week.

## **LIGHT WORKS**

**Manoj Chopra**

New season of Light Channelling in schools started with a big bang. Our volunteers were eagerly waiting for schools to reopen after vacations, so that they can meet the children, the wonderful souls, once again. The school authorities are welcoming us again with gratitude and open heart. Once again we thank them for making the 'Light Channelling World Movement' a great success.

In these testing times, Light Channelling is a hope for the millions. Light wants to spread and help. Millions have channelled Light and thousands are getting benefitted from it. Let us channel more Light and make this world a wonderful place to live.

## **MANASA FOUNDATION (R)**



Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : [info@lightagemasters.com](mailto:info@lightagemasters.com) [info@lightchannels.com](mailto:info@lightchannels.com)

website : [www.lightagemasters.com](http://www.lightagemasters.com) [www.lightchannels.com](http://www.lightchannels.com)

## REGULAR CHANNELLING CENTRES

### Bangalore

Monday to Friday (7 PM to 7:15 PM)  
Sri Siddhashrama, 17<sup>th</sup> Cross,  
Malleshwaram  
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)  
Anjaneya Temple, Mahalakshmi Layout  
☎ 9972111809 Mrs. Anjali Patil K

Tuesdays (7:31 AM to 8 AM &  
7:31 PM to 8 PM)  
No.62, II Cross, III Main Road,  
Near Alpine Apartments,  
Dena Bank Colony, Ganganagar  
☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)  
Maruti Mandira, Vijaynagar  
☎ 9972111809 Mrs. Anjali Patil K

Thursdays (10:30 AM to 11:00 AM)  
No 312, Phase 4,  
Golden Park Apartment,  
K.C.D.C Main Road, Bommanahalli,  
☎ 9886437042 Dr. Ravinder Singh  
Gaur

Thursdays (6:30 PM to 7 PM)  
Munch Kins, No.890, 38th Cross,  
20th Main, 4th 'T' Block', Jayanagar  
☎ 9448856629 Mrs. Usha  
Satishchandra

Fridays (6:30 PM to 7 PM)  
'Sumathi', No.481, 7th Cross,  
7th Main, J.P.Nagar III Phase  
☎ 9900110351 Mr. Ramesh V  
Bhosekar

Saturdays (11:30 PM to 12 Noon)  
'Sri Ranga Kalakshetra', 13th Cross,  
Indiranagar, 2nd stage  
☎ 9900967005 Mrs. Hemalatha  
Pramod

Saturdays (6:00 PM to 6:30 PM)  
Women's Peace League,  
36, Shankar Mutt Road, Basavanagudi  
☎ 9448856629 Mrs. Usha  
Satishchandra

Saturdays (6:30 PM to 7 PM)  
Balamuri Mahaganapathi,  
Shri Rajarajeshwari and  
Sri Lakshmi Narayana Temple,  
8th cross, Near Hoysala Circle,  
Kengeri Satellite Town  
☎ 9972111809 Mrs. Anjali Patil K

Saturdays (6 PM to 7 PM)  
Shiksha Sagar Primary School  
No. 77, 5th Main, Postal Colony,  
Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram



A Light Channelling Session underway in a  
Regular Light Channelling Centre in Pune

## IMPORTANT EVENTS

- 1<sup>st</sup> February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 17<sup>th</sup> September 2010 - More than 20 volunteers covered around 50 schools of Mysore, Hubli, Chennai and Bangalore and organised channelling for more than 32000 children.
- 27<sup>th</sup> November 2010 - A band of 43 volunteers organised channelling in more than 59 schools in Shimoga, Mumbai, Chennai and Bangalore for 33000 children.
- 18<sup>th</sup> December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 14<sup>th</sup> January 2011 - More than 1.5 lakh people in Solapur channelled Light.
- 1<sup>st</sup> February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.

## LIGHT CHANNELLING IN SCHOOLS

<b>Schools participated</b>	<b>2985</b>
<b>Students channelled Light</b>	<b>20.91 Lakh</b>
<b>Schools channelling regularly</b>	<b>930</b>
<b>Students channelling regularly</b>	<b>4.14 Lakh</b>

## APPEAL TO SCHOOLS

**Please help in strengthening Light Channels  
World Movement by making Light Channelling a  
part of daily prayers in your School.**

## MOMENTS WITH MEMENTO

Padmaja Balaji

It was a hard and conscious decision to miss the Light Channels Meet held at Bangalore on May 7, 2012 due to unavoidable reasons, given the fact that it is one of the most important events of this century. Light Channels Volunteers from near and far travelled to Bangalore to channel Light together. Much to the surprise of everyone, they were felicitated by our dear most Beloved Master with a beautiful memento.

And in ten days' time, I was holding the same memento in my hands..... Its sheer power was transporting me to an inexplicable emotional state. It was also sending me into a whirlpool of memories.

\* \* \*

None of the visitors seemed to pay any attention to a lonely man reading a book in an open space for decades listening to the non-stop mighty roar from a distance, perhaps thinking of ways to enhance his present accomplishment of lighting up the whole world. The statue of Nikola Tesla seemed unperturbed by this conscious neglect of humankind. People are not at fault partly because our present grooming is such and partly due to the inviting roar of water.

A few steps forward, Niagara Falls in all its majestic beauty and mystic grandeur was transporting the first-time onlookers to a state of childhood innocence. Its huge splash of water droplets seemed to have cooled their bruised spirits temporarily thus releasing raptures of laughter from the inner. And there was an instant connect.... smiles exchanged and hands joined irrespective of nationalities.

Standing in the Goat Island and watching the mighty waterfall, no doubt, is a surreal experience personally but it required an eccentric Nikola Tesla to harness its power for the good of humanity.

I've no aspirations to touch the fringes of his genius even in my dreams but I got inspired by this 'light man' to do my bit in my own miniscule way. The doorway opened indeed and grace flowed onto my being like a waterfall one day to work as a volunteer. I was thrilled because I was going to work for Light and this is the First Light aka God.

\* \* \*

In the memento, I saw a clear inscription of the Ocean of Light descending, entering into a person who in turn spreads Light to the whole world. Beneath the picture is written 'LIGHT CHANNEL'. The meaning sent a lightning streak deep inside and tears welled up. It's my call now to live up to these sublime words.

I then remembered a young teacher exclaiming to me of her experience after the session that her personal identity is lost while channelling Light. I am blessed to meet many such wonderful Light Channels in these few months.

Isn't it overwhelming to know that there would only be the dance of monumental moments of Love when we all become Light Channels?

\* \* \*

## REGULAR CHANNELLING CENTRES

Saturdays (7:30 PM to 8:30 PM)  
Gurudwara Sahib,  
Opp. Anjaneya Temple, Ashwathnagar  
Main Road, Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram

### Mysore

Wednesdays (6 PM)  
Infosys Ltd  
Hebbal Electronics City, Hootagalli,  
Mysore-570018  
☎ 9980837179, Anand Niranjana  
☎ 8095026224, Akash Mallick

### Solapur

Daily (7 PM to 7:30 PM)  
Bal Ganesh Mandir, Bushar Peth, Mohol  
☎ 09860967066 Mr. Vivekanand Swami  
☎ 09970800279 Mrs. Swaroopa Swami

### Dharwad

Sundays (5 PM to 5:30 PM)  
Community Hall, Bharatinagar  
☎ 9845651555 Mr. Avinash Rao

### Chennai

Sundays (10 AM to 10:30 AM)  
No. 481, SAIPREM, 19th Street,  
4th Sector, K K Nagar  
☎ 9444880409 Mrs. Rajalakshmi R

### Tirunelveli

Daily (7 PM to 7:30 PM)  
Vadaku Theru, Chella Pillaiar Kulam,  
A.P. Nadanoor Post  
Aalangulam Taluk-627423  
☎ 9444458747 Mr. Mariappan N

### Madurai

Thursdays (5:20 PM to 6 PM)  
Madurai Agricultural College,  
Staff Club Building  
☎ 9443925074 Mr. Swaminathan C

### Pune

Sundays (4 PM to 4:30 PM)  
3 B, Kapila Housing Society,  
Gokhalenagar, Pune-411016  
☎ 9011038169 Mr. Ashutosh Navangul

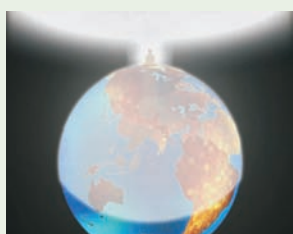
### Visakhapatnam

Saturdays (7PM to 7.30PM)  
Door No. 14-339/19, Flat No. 207  
Sree Mithra Heights,  
Balaji Garden, Gopalpatnam  
Opp. APRTC Bus Depot.  
VISAKHAPATNAM-530029.  
☎ 9848628324, Mr. V. Harikrishnan



## EXPERIENCES

(Compiled by Vaishali Joshi)



After practising Light Channelling I have observed a lot of change in me. I used to get angry for very small matters because of tension but after channelling Light I feel very relaxed and happy. It has developed patience in me. When exams approach I practise this for 20 minutes to avoid tension. I have scored well in the examination. Now I have made a resolution that I will practise this everyday throughout my life.

- Sumanthi, Std. IX, KV – II, SVN,  
104 Area, Visakhapatnam

I have been channelling Light since six months and it has helped me directly or indirectly at each and every step. A friend committed a cyber crime against me. I was furious. At the Regular Light Channelling Centre, I was advised to send a ball of Light to him. I started doing that and after 10 to 15 days, he became calm and now he has a neutral attitude towards me.

I had been suffering from back pain since June 2011. After taking up Light Channelling regularly, the pain has vanished. I have been preparing for IFS for last one year. My optional subject 'Forestry' is new for me. Light has made it easy for me to understand that subject.

- Avinash Kumar, IV year student,  
Agricultural College, Madurai

After doing Light Channelling my health has improved.

- Saicharan, Std. VI, Sheila Kothavala  
Insititute for Deaf, Bangalore

The Light gives me cool feeling and it is helping me to study well.

- Harshavardhana, Std. VII, Sheila  
Kothavala Insititute for Deaf,  
Bangalore

Closing my eyes and feeling Light spreading over me and around me gives me peace and helps me to face the day in a happy mood.

- Mrs. Bindu, Teacher, Sheila  
Kothavala Insititute for Deaf,  
Bangalore

There is calmness in our students now after regular channelling of Light. They are becoming more disciplined. They are practising this technique with interest. There is more unity among them, interest in the welfare of others and they are paying more attention to their studies. It is seen that the students are also developing a desire to correct themselves and giving up their stubborn attitude.

- Smt. P. Parameswari, I/C,  
Headmistress, Chennai Middle  
School, Dhideer Nagar, Chennai

In our school we started 5th to 7th Standard classes for boys for the first time. The students of these classes were very naughty, mischievous and poor in studies. But due to Light Channelling they have become calm, studious and disciplined.

- Mrs. Bashetty, Vice-Principal,  
Umabai Shrivika Vidyalaya, Solapur

Many changes have occurred in the children by practising Light Channelling. They have become more energetic and their health has improved. They have become sharp and their memory power and concentration has increased. Attendance in the school has increased and children have become calm in the classroom. Their reading and writing capacity has improved. They are happy always. Mischievousness has reduced and their behaviour has changed. It has helped them to improve their listening and understanding capacity.

The teachers feel that the children have become mentally strong. They have become quiet and they understand each other more. They are doing all the work happily without being forced.

- Rathnamma, Headmistress, Govt.  
Higher Primary School, Hoskote

I channel Light everyday in the morning. My parents do not quarrel now and my father drinks very rarely.

- Narendra, Visakhapatnam

Light has helped me to control my anger.

- Zubair, Std. IX, Sheila Kothavala  
Insititute for Deaf, Bangalore