

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 4, Issue 3

NEWSLETTER

January 2014

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks)

Light provides wisdom and courage. Light also awakens. When we awaken we have to reject all that is not right, all that is corrupt. We have to reject the dark. We have to reject the negative things, which means we have to act. Light helps. Remember, Light always helps. Light always works. But we too have to work.

We have to make great efforts. Only when we choose goodness and honesty in all details of life, we can say we are working for the Revolution by Light.

We as individuals have to change and transform. It is only then the Revolution begins. Revolution begins with the individuals. Then the systems, which are made of individuals will change. Revolution by Light works at all levels, at the level of energy, at the Astral level and most importantly, at the individual level.

HAPPENINGS

Jayant Deshpande

The New Year brings hope of a better world. Very positive changes are taking place rapidly. The Light channelled by millions contributes to these positive changes immensely. As the truth behind the negative acts continues to surface, people are rejecting the forces behind these negative acts and they are supporting the positive forces with an expectant zeal that we haven't witnessed before.

Our Volunteers continue their efforts to strengthen these positive changes in their unique way by channelling Light and by teaching channelling of Light to as many children as practically possible with the constraints they have to work with. But they are getting wonderful support from the School Authorities.

The hope of a better world, gifted by the New Year gathers strength as more and more people join us in channelling of Light.

LIGHT WORKS

Manoj Chopra

This year, 4th 'World Channels Day' will be celebrated on 31st January, 2014. This is the day of Love, Peace and emotions. Light channelling team has already geared up to make this day a grand success. They know it is time to consolidate their whole year's work. They try to visit all schools personally to inform the importance of this day.

Like every 'World Channels Day' we intend to bring down maximum Light to our beautiful planet. This Light has positive energies, which help the World to transform, to become a better place.

Let us join together to make this day a huge success.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077, INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleshwaram
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munchkins, No.890, 38th Cross, 20th
Main, 4th 'T' Block', Jayanagar
☎ 9972888033 Mr. Karthik N.

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross, 7th
Main, J.P.Nagar III Phase
☎ 9900110351 Mr. Ramesh V.
Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam,
59/1, Hutchins Road, 3rd Cross,
Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)
No 312, Phase 4,
Golden Park Apartment,
K.C.D.C Main Road, Bommanahalli,
☎ 9886437042 Dr. Ravinder Singh
Gaur

Saturdays (5:30 PM to 6:00 PM)
'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage
☎ 9902844667 Ms. Manju
Maheshwari

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.



A Light channelling session in Bangalore

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 29th June, 2013 - 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4472
Students channelled Light	25.32 Lakh
Schools channelling regularly	1140
Students channelling regularly	5.18 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

IT's TIME

Padmaja Balaji

Father Time appears to be a serious old man with a harvesting scythe in hand. It's under his insurmountable influence that the footprints vanish, civilizations change and lives get moulded.

I have always felt his huge gobbling 'presence' especially on the New Year's day. While most of the world citizens wish to loudly celebrate the irrevocable Time's effervescent glory in the company of a few or many, I prefer to go into a deep mode of silent contemplation.

During one of my recent travels, I had enough time to do one such yearly review analysis watching the grand spray of stars from my window seat while my co-passengers were fast asleep. Flying high above the clouds, there I remained all alone for a couple of hours enjoying the dense arrangement of celestial beauties like never before. I wondered how tightly the animate and inanimate are interconnected giving a grandiose picture of oneness.

At a height beyond the disturbance of human emotions, it was then revealed that I was showered with gifts of love all throughout my life. I saw genuine smiles, affectionate hugs and many expressions of love and care. I saw flowers and chocolates flowing my way. I also saw my losses and breakdowns shaking the inner intensely as I was unable to transcend human frailties at certain personal moments of solitude.

I was humbled beyond measure when I realized how the unseen Hand of Light has been holding and guiding me silently - sometimes sitting by my side, sometimes patting my back, sometimes shedding tears along with me, sometimes consoling me, sometimes giving me rest and sometimes wiping my burden.

Every test, every tear, every experience, every fall, every failure and every moment of weakness displayed in the mental screen exclaimed my potential for a bold, steady and strong step. And I was overwhelmed when I also saw the Divine Light with its inimitable mischief giving me pleasant surprises and shocks in the form of intuitive riddles for 'future' spiritual nourishment.

All along I was smoothly gliding through my 'past' without being judged by Light. There came the sudden blinding flash that I should never ever be judgmental about anyone on any account if I am with the Light at present; more specially as a part of the 'Light Channels World Movement'.

Whoever said Time is a stealer of life, let them rewrite their understanding. In fact, Father Time under the aegis of Divine Light chisels our lives beautifully.

Welcoming the new timeframe with gratitude, let us continue to walk in reverence, love, peace and smile anticipating new horizons of joy, thrill and surprises. ■

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib, Opp. Anjaneya
Temple, Ashwathnagar Main Road,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)
Infosys Ltd, Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjana
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post,
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Saturdays (6:30 PM to 7:00 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

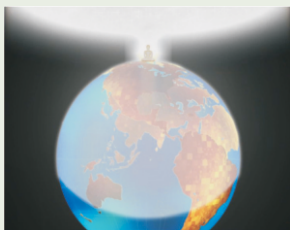
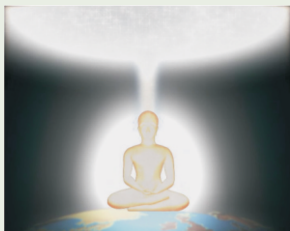
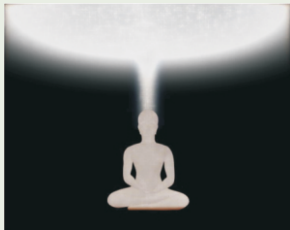
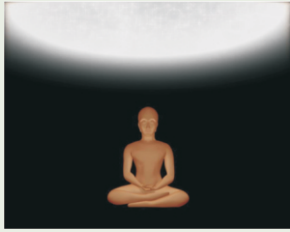
Thursdays (2.30 pm to 3 pm)
Sindhi Mandir, Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

Saturdays (7PM to 7.30PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights, Balaji Garden,
Gopalpatnam, opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45pm)
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
☎ 09822421463 Mr. Mahajan



World Channels Day

31st January 2014

A Request from Manasa Foundation

Respected School Authorities,

Kindly join us on 'World Channels Day', 31st January 2014, by following the below steps in the morning assembly or at any convenient time on this day.

1. Introduce Briefly :

Today is World Channels Day. This is the day of spreading Love and Peace on Mother Earth. Let us have a strong intent to have Peace on Earth and also be aware that more than 8 lakh children across India are channelling Light along with you.

2. Practise 'Light Channelling Technique' for a minimum of 3 minutes :

- ★ Imagine an ocean of Light above you.
- ★ Imagine the Light descending and filling up your body.
- ★ Then, experience the Love and Peace of the Light for a minute.
- ★ Then, imagine the Light spreading around gradually to your school, locality, country and the whole world.

Thank you